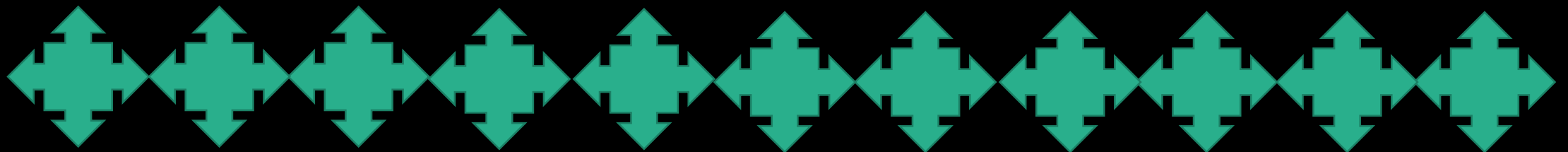


# Innovative Housing Services The Mother House

Regi Robnett, PhD, OTR/L, FAOTA

Students: Allison Engelhardt (Social Work), Elisabeth Corrales (Social Work),  
Jean-Pierre Jabo (Dental Hygiene)



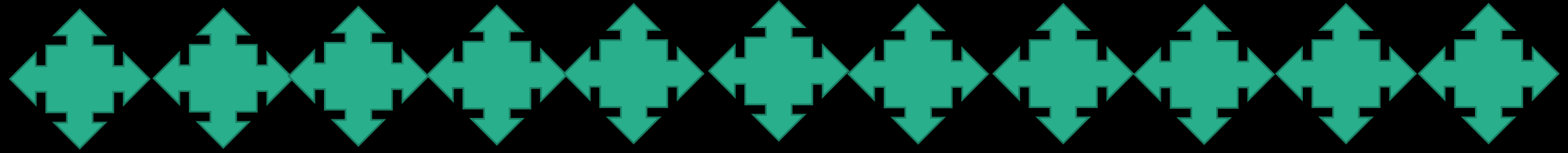


UNIVERSITY OF NEW ENGLAND  
Center for Excellence  
in Aging and Health

UNE, since 1831

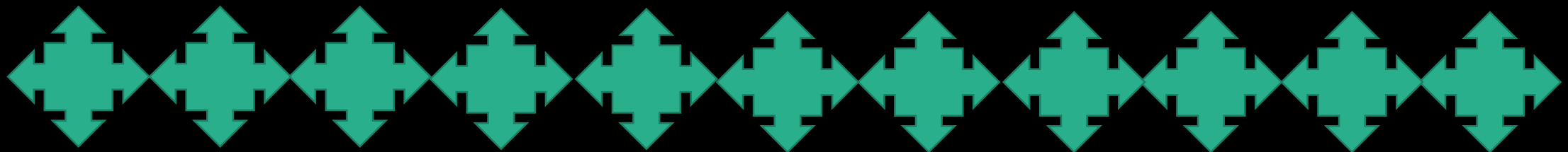
- ❖ 3 campuses
- ❖ 12+ health professions
- ❖ Maine's only dental school
- ❖ Maine's only medical school





# Center for Excellence in Aging & Health

- ❖ Started one year ago (September 2018); Founding director Thomas Meuser
- ❖ Thanks to a gift of \$1 million dollars from Housing Initiatives of New England
- ❖ *Vision: Advancing inclusive, narrative-informed and outcome-oriented research on healthful aging*
- ❖ Primary research program is the Legacy Scholars' Program



# Working together, we can....



Understand and reduce the impacts of ageism.

Listen and learn from the experiences of persons aging in place where ever they call home.

Extend the healthy period in the lives of aging Mainers and others.

Harness what works and the strengths of our neighbors to change negative stereotypes about growing older.

And so much more...

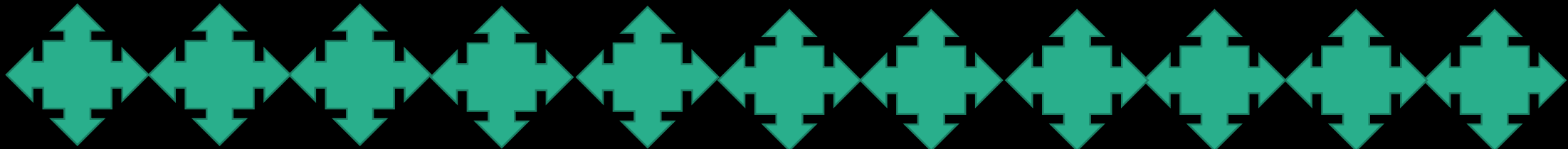


# The Mother House

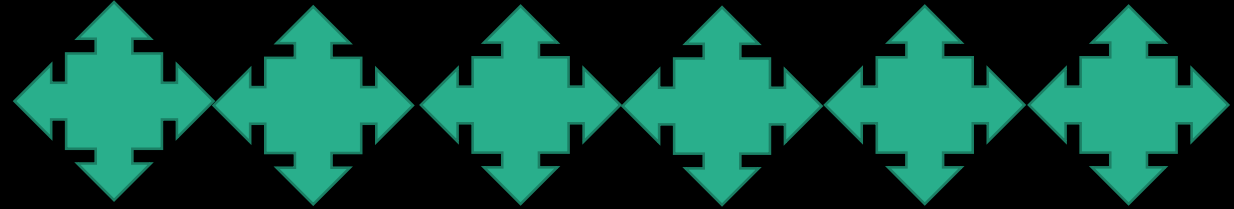
# Portland Maine



- ❖ Former convent
- ❖ Owned by DC Management
- ❖ 88 Low, moderate, and market rate apartments
- ❖ CEAH has office in building
- ❖ Three students currently doing internships (social work and dental hygiene)



# Needs Assessment for the Mother House



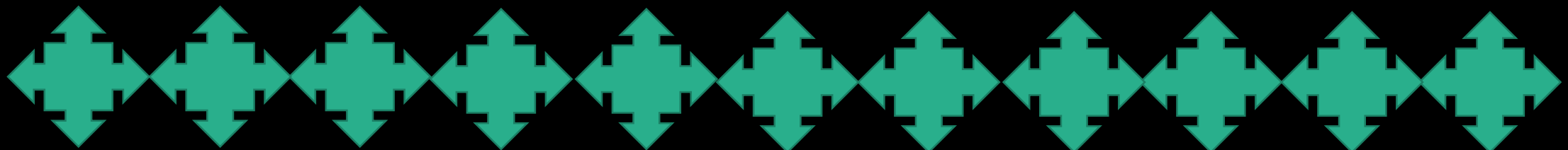
## Rate on 1-10 scale --Examples

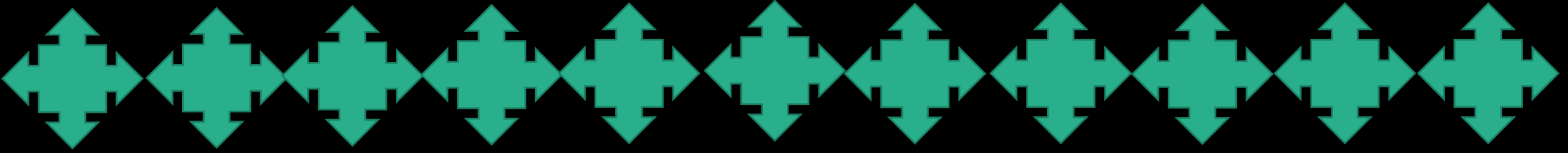
- Balance
- Physical Health
- Nutrition
- Emotional Health
- Social support
- Sleep
- Transportation

## Rate level of Interest Low, mod, high

- Technology
- Dental Care
- Brain Health
- Memory
- Pain
- Stress Level

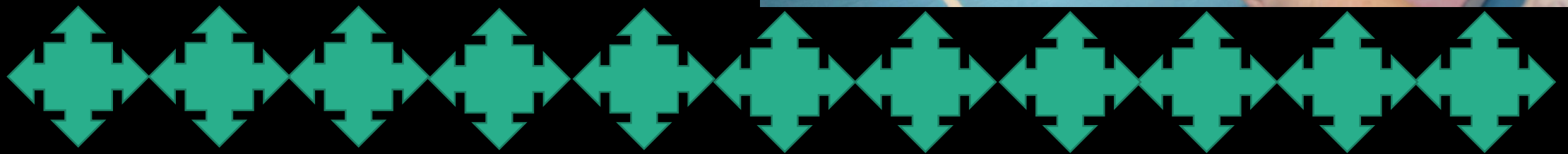
**BASED ON WHAT WE COULD OFFER**





# Types of groups

- Knitting
- Mindfulness
- Stretching
- Figure Drawing
- Arts and Crafts
- Culinary Arts
- Book club



# Other Services

- ❖ Providing resources
- ❖ Providing educational sessions
- ❖ IGEP
- ❖ Listening and problem solving
- ❖ Helping residents to advocate for themselves





# Planned Outing to State of Maine Department of Health and Human Services Listening session—Maine State Plan on Aging

- We plan to take the bus
- All residents invited
- If you are interested,  
contact
- James Moorhead  
287-9200



## In the planning stages

A Dental Hygiene Clinic

Senior dental hygiene students  
will provide services under  
supervision

