

**USINNAANTA  
HELITAANKA  
GURYAH**

**Waxaan ku shaqeyanaa si waafaqsan Xeerka  
Xuquuqda Aadanaha ee Maine Qaybtiiisa  
Sinnaanta Guriyeynta**

**Waa sharci darro in dadka lagu kala sooco isirka,  
midabka, diinta, jinsiyada, qabiilka, lab, daddig ama  
labeeb midkuu yahay, laxaad la'aanta, xaas ahaanta  
ama inuu dawladda kaalmo ka helo.**

*Tusaale ka mid ah hawlah  
khuseeya:*

- Su'aalo afka ama qoraal ah oo ku saabsan dadka xuquuqdooda la ilalinayo
- Iibinta ama kiraynta guryaha
- Xayeysiiska
- Maalgashiga guryaha
- Bixinta adeegyada dillaalka guryaha

- Qiimaynta guryaha
- Ka macaashka kala raridda jinsiyadaha iyo kala leexinta deegaanada ee ku salaysan midab kala sooca
- Is Bahdilka
- Guryaha oo si aan caddaalad ahayn loo kireeyo

**Qof kasta oo u maleeya in lagu sameeyey midab kala sooc waxa uu dacwad ku  
saabsan midab kala sooca guryaha ka xareyn karaa**

**Guddiga Xuquuqda Aadanaha ee Maine**

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